

Super Memory. Super Student. (3 hrs)

Improve Grades, Remember Better And Boost Confidence



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Introduction

Students are driven to immense confusion & anxiety from the sheer amount of information that they are required to digest, thus resulting in being turned off while studying. This workshop is specially designed to achieve learning outcomes that will allow participants to improve their outlook on education. The participants will learn Super Memory Techniques to remember, retain and recall information effectively. They will also be introduced to Super Study Techniques which will enable them to do well in their academic life.

Workshop Outline

Information & Memory Management

- Learn the techniques to effectively register, retain, recall any kind of information
- Advanced Memory Techniques to develop a phenomenal memory
- Transfer information from Short-term memory to Long-term memory
- Learn to use a variety of proven techniques to memorize essays, lists, answers with subheadings, numbers, formulae, quotations, scientific terminology, vocabulary & even foreign languages, etc

Super Study Skills

- Eliminate the study traps of students
- Techniques to put you in a study mood effortlessly
- Acquire essential skills of top students
- Learn effective methods of revision and exam-preparation

Training Methodology:

We employ research-based powerful accelerated learning methods to make the most of the learning process. Apart from the most popular 'presentation-discussion' method, highly interactive group exercises are employed to bestow the benefits of synergistic learning to the participants.

Internalization:

The workshop comprises of written exercises, group exercises and games/activities specifically aimed at internalization of all concepts taught.

Evaluation

At the end of the workshop, we shall gather feedback from pupils to assess the effectiveness of the workshop for submission to the school.

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