

Memory Management Program

How To Train Your Brain To Remember Everything With Ease

For Executives & Business Professionals



WORKSHOP CONDUCTED BY

Mr Nishant Kasibhatla

Trainer. Speaker. Best-selling Author

World Record Holder & The only Grand Master of Memory in Singapore

Training Objectives

1. Effective absorption of information from workshops, seminars and training programs
2. Simple yet powerful techniques of recalling information at will
3. Engage both sides of the brain in learning and memorizing anything faster
4. How to remember speeches and presentations, names & faces, statistical data, lists of any kind, procedures, policies and more
5. Create powerful focus and concentration and improve performance at work
6. Avoid frustration of not being able to recall important info at the right time
7. Become aware of self-limiting beliefs caused by certain memory myths
8. Turbo-charge your brain to achieve peak mental performance by using the Mind Gym
9. Have a paradigm shift in the attitude towards learning, memorizing and tackling information
10. Come out of absent-mindedness forever

Training Outline

Introduction to proven memory systems

- ✓ Origin, scope and utility of Scientific Memory Systems
- ✓ Understanding the process of memory
- ✓ Learn what inspires your brain to remember or forget

Memory Techniques Explained

- ✓ 3 secrets to awaken your memory potential
- ✓ The magic words of 'memory improvement'
- ✓ How to make sure you pay attention every time you learn something
- ✓ The Daily Memory Workout Routine

Applications In Personal & Work Life

- ✓ How to remember names of people
- ✓ Techniques to remember to-do lists, speeches & presentations, ideas, jokes, contents of training programs
- ✓ Learn techniques to come out of absentmindedness forever
- ✓ How to remember statistical data, dates and numbers using The Ultimate System
- ✓ How to become famous in your existing social / professional circles by using the memory techniques

Brain Power Boosters

- ✓ 2 ways to develop a razor sharp concentration
- ✓ Examining the popular notions on memory and exploding the "memory myths"
- ✓ Mind Gym – Exercises For Peak Mental Performance
- ✓ Exercises for improving powers of creativity, imagination and observation
- ✓ 21-Day "Super-Charge Your Memory Power" Action Plan

LIMITED SEATS.

Register Now!

CALL

8233 9474

Training Date 19 June 2010 (Saturday) | 09.00 am to 05.00 pm

Venue Amara Hotel, 165 Tanjong Pagar Road (Near Tanjong Pagar MRT)

Investment \$400 only per participant | Fee includes Lunch & Course Workbook.
Last date for registration: 15 June 2010

To Register Send cheque in favour of "Memory Vision Pte Ltd" to:
Memory Vision Pte Ltd 14 Robinson Road #13-00, Far East Finance Building (S) 048545
Or Pay Online (using Visa/Master Card/Paypal) at <http://www.nishantkasibhatla.com/mmp>

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